premise- The true spirit of Christmas is not based on our feelings or circumstances.

I. Remember that trouble, trials and heartache are temporary. JN 16:33, 2 Cor. 4:17

II. Jesus is the reason for the season!

III. Choose a daily attitude of gratitude.
I Thessalonians 5:18

IV. Engage in the joy of giving. Acts 20:35

V. Share the good news with someone. Luke 2:15-18